

lent

DAILY OFFICE PRAYERS

All Souls Anglican

See instructions for use on back page.

morning prayer

PREPARATION

O Lord, open our lips
and our mouth shall proclaim your praise.
Reveal among us the light of your presence
that we may behold your power and glory.

prayer of thanksgiving

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.

opening prayer

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

THE WORD *of* GOD

psalmody

The appointed psalmody is said.
Each psalm or group of psalms may end with:

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

old testament reading

A time of meditation followed with this response:

Rend your hearts and not your garments.
Return to the Lord your God,
for he is gracious and merciful,
slow to anger and
abounding in steadfast love. *Joel 2:13*

gospel or epistle reading

A time of meditation followed with this response:

To you, O Lord, I lift up my soul;
O my God, in you I trust.
You are the God of my salvation,
To you, O Lord, I lift up my soul.
In you I hope all the day long.
O my God, in you I trust.
Remember, Lord, your compassion and love,
for they are from everlasting.
To you, O Lord, I lift up my soul;
O my God, in you I trust.
from Psalm 25

PRAYERS

Silence is kept.

intercessions are offered.

the collect of the week or the following is said

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord.

the lord's prayer is said

THE CONCLUSION

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord.

Amen. *Benedict of Nursia (c.550)*

† In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

midday prayer

PREPARATION

O God, make speed to save us.

O Lord, make haste to help us.

If I climb up to heaven, you are there;

If I make the grave my bed, you are there also. *Psalm 139*

praise

I bind unto myself today
the strong name of the Trinity,
by invocation of the same,
the Three in One, and One in Three.

Of whom all nature hath creation;
eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord. *from St Patrick's Breastplate*

THE WORD *of* GOD

psalmody

The appointed psalmody is said.

Each psalm or group of psalms may end with:

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

scripture reading

A Scripture reading from daily lectionary (optional)

A time of meditation followed with this response:

Blessed are the merciful,
for they will receive mercy.

PRAYERS

Silence is kept.

intercessions are offered

the collect

Keep us, O Lord,
while we tarry on this earth,
in a serious seeking after you,
and in an affectionate walking with you,
every day of our lives;
that when you come,
we may be found not hiding our talent,
nor serving the flesh,
nor yet asleep with our lamp unfurnished,
but waiting and longing for our Lord,
our glorious God for ever.

Amen. *Richard Baxter (1691)*

the lord's prayer is said

THE CONCLUSION

May God bless us and show us compassion and mercy. Amen.

† In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen

evening prayer

PREPARATION

O God, make speed to save us.

O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,
according to your judgments give us life.

confession

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

prayer of thanksgiving

Blessed are you, Lord God of our salvation,
to you be glory and praise for ever.
In the darkness of our sin you have shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.
Open our eyes to acknowledge your presence,
that freed from the misery of sin and shame
we may grow into your likeness from glory to glory.
Blessed be God, Father, Son and Holy Spirit.

opening prayer

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us

to cleanse our hearts
and set us free to sing your praise
now and for ever.

THE WORD *of* GOD

psalmody

The appointed psalmody is said.

Each psalm or group of psalms may end with:

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

scripture readings

One or more readings appointed for the day are read.

canticle

A Song of Christ the Servant

Christ suffered for you, leaving you an example, *
that you should follow in his steps.

He committed no sin, no guile was found on his lips, *
when he was reviled, he did not revile in turn.

When he suffered, he did not threaten, *
but he trusted himself to God who judges justly.

Christ himself bore our sins in his body on the tree, *
that we might die to sin and live to righteousness.

By his wounds, you have been healed *
for you were straying like sheep,

but have now returned *
to the shepherd and guardian of your souls. *1 Peter 2.21b-25*

PRAYERS

Thanksgiving may be made for the day.

intercessions are offered

the collect of the week or the following may be said

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

the lord's prayer is said

THE CONCLUSION

Let us praise God through Jesus Christ, whose light conquers the darkness of our earthly night. Amen.

† In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen

INSTRUCTIONS FOR USE:

daily office prayers

in group or family settings:

The booklet has been designed for individual and group use. When praying by yourself you may want to substitute a singular personal pronoun where there are plural, for instance use “I” rather than “we.” If praying together in a group setting the bold and unbolded text may be read alternating between a leader and a group or two groups. Prayers are intended to be read in unison, and Psalms and Canticles may be read either in unison or alternating verses between two groups or a group and a leader.

scripture readings and collects

The weekly Common Worship lectionary readings and Collect for the Week will be found as an insert in your weekly Sunday bulletin. The lectionary is also available as a printable excel spread sheet online at allsouls.com. You may prefer to use a different reading plan than the Common Worship lectionary, but a Gospel, Old Testament, and Epistle reading should be read each day, and a Psalm at each office.



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ANGLICAN CHURCH

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